



Student Research, Creative Activity, and Scholarship (RCAS) 2026–2027 Grant Application Form

Before You Begin

A complete application includes four components: Application Form, Project Narrative (max 5 pages), Budget and Budget Justification, and Faculty Mentor Statement. Incomplete applications will not be reviewed.

Submission Instructions

Submit all materials to ORSP@ju.edu by November 20, 2026. Refer to the Request for Proposal (RFP) for exact directions for submission.

Section I: Faculty Advisor

Name:

Department:

Section II: Student Information

Name:

Status: Undergraduate

Graduate

Major:

Anticipated Graduation Year:

JU Email:

Amount Requested:

Section III: Project Details

Project Title:

Project Abstract (200 words max):

Describe your project in clear, non-technical language. Include purpose, significance, approach, and expected outcomes.

Sample Project Abstract

This project examines how social media use affects sleep quality among undergraduate college students. Poor sleep has been linked to reduced academic performance, increased stress, and negative mental health outcomes, yet many students report using social media late at night. The purpose of this study is to better understand the relationship between nighttime social media habits and sleep duration and quality.

To investigate this, the study will survey approximately 100 undergraduate students at Jacksonville University. Participants will complete a questionnaire measuring their daily social media use, bedtime habits, and perceived sleep quality. The data will be analyzed to identify patterns and correlations between screen time and sleep outcomes.

The expected outcome is to determine whether increased social media use before bed is associated with poorer sleep. Findings from this study may help inform student wellness initiatives and encourage healthier technology habits. Results will be presented at the JU Student Symposium and may contribute to future research on student health and behavior.

Section IV: Compliance:

Does this project involve human subjects?	Yes	No
Does this project involve animals?	Yes	No

If yes, IRB or IACUC approval is required before funding is released.

Section V: Assurance

By submitting this application, the student and faculty mentor certify the accuracy of the proposal and agree to comply with all program and award requirements.

Student Signature:

Faculty Mentor Signature: